

# Participant Report Form – Call 2018 – KA1 – Learning Mobility of Individuals – Erasmus+ Volunteering

Fields marked with \* are mandatory.

Document code: EP-KA1-Youth-Vol-2018

## 1 Purpose of the participant report

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This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45 /2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

## 2 Identification of the Participant and General Information

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### \*2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### 2.2 Mobility start date

The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

### 2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

**\*2.4 Email address, where I can be contacted in the future**

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

**\*2.5 Before participating in the project, you were mainly...**

- a pupil (secondary school student)
- a student at a university, higher education institution
- an apprentice/student in vocational education and training
- an intern/trainee in a work placement
- a full-time employee
- a part-time employee
- a self-employed
- unemployed
- a volunteer
- other

**\*2.6 If other, please specify.**

**\*2.7 What were your main motivations for taking part in an Erasmus+ Volunteering activity?**

Multiple answers are possible.

- Learn or improve a foreign language
- Personal development
- Professional development
- Improve my curriculum
- Increase my chances to find a (better) job in the future
- Learn or deepen my knowledge on a topic
- Establish an international network
- Engage in society, do something for others
- Live in another country
- Discover new cultures and lifestyles
- Feel more European
- Make new friends
- Bridge a waiting time/gap
- Other

## 3 Quality of your Erasmus+ Volunteering activity

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**\*3.1 To what extent did the Erasmus+ Volunteering activity meet your expectations?**

- Fully
- To a high extent
- Fairly
- To a low extent
- Not at all

\*3.2 How do you evaluate the overall success of your project?

- Very good
- Good
- Fair
- Poor
- Very poor

\*3.3 To what extent were you satisfied with the tasks and activities carried out during your service?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

3.4 To what extent were you satisfied with the following training and evaluation activities organised by the National Agencies or SALTOs?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable	I was not invited to this training
* On-arrival training (only relevant for activities lasting more than 2 months)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Mid-term evaluation (only relevant for activities lasting 6 months or longer)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*3.5 Please give additional comments about the quality of your Erasmus+ Volunteering activity. You can highlight both positive and negative aspects. (e.g. did you have adequate tasks and free time during your service? did the tasks meet your initial expectations?)

## 4 Practical and Organisational Arrangements

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\*4.1 Did you sign a volunteering agreement?

- Yes
- No

\*4.2 Were you involved in the drafting of this volunteering agreement?

- Yes
- No

\*4.3 Did you receive the Erasmus+ Volunteering Info Kit ("Welcome letter", "What to expect from your Service", "Youthpass"...)?

- Yes, before departure
- Yes, while I was already abroad
- No

\*4.4 How satisfied were you with the usefulness of the Info Kit?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\*4.5 What could be included to make it more useful?

\*4.6 Did you take part in an Advance Planning Visit (planning visit ahead of your activity, to prepare your Service)?

- Yes
- No

\*4.7 How satisfied were you with the usefulness of the Advance Planning Visit?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

#### 4.8 How satisfied were you with the support provided by your sending\* organisation in terms of...

Some of the mentioned tasks might have been carried out by the coordinating organisation. In this case, please reply to the answers as if the sending and coordinating roles were assumed by the same organisation.

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* information about the Erasmus+ Volunteering and the Erasmus+ Programme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* preparation before departure (training and information)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* information about the receiving organisation and the country where your Service took place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* information about the project details and your tasks and responsibilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* insurance issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* visa issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* assistance, support and mentoring while you were abroad	<input type="radio"/>					
* assistance, support and mentoring when you came back	<input type="radio"/>					

4.9 If you wish, please provide additional comments on the support provided by your sending organisation

#### 4.10 How satisfied were you with the support provided by your receiving\* organisation in terms of...

Some of the mentioned tasks might have been carried out by the coordinating organisation. In this case, please reply to the answers as if the receiving and coordinating roles were assumed by the same organisation.

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* information about the Erasmus+ Volunteering and the Erasmus+ Programme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* task-related training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* insurance issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* visa issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* assistance, support and mentoring while you were abroad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* the way the receiving organisation dealt with any issues or problems that may have come up during your participation in the project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4.11 If you wish, please provide additional comments on the support provided by your receiving organisation

\*4.12 Did you have a mentor, different from the supervisor, for your support?

- Yes
- No

\*4.13 How satisfied were you with the support provided by the mentor?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

4.14 If you wish, please provide additional comments on the support provided by your mentor

\*4.15 Did you receive your monthly allowance?

- Yes
- No

\*4.16 Did you need to use the Erasmus+ Volunteering health insurance? As in contact the insurance company, send in a claim or similar.

- Yes
- No

\*4.17 How satisfied were you with the health insurance?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\*4.18 Did you receive your European Youth Card?

- Yes, before leaving for my Volunteering activity

- Yes, after starting my Volunteering activity
- No

\* 4.19 What did you use your European Youth Card for?

Multiple answers are possible.

- Discounts in the country where my activity took place
- Discounts in my home country
- Discounts abroad / when I travelled
- Participating in events targeted for European Youth Card holders
- Participating in European Youth Card competitions or contests
- I did not use my European Youth Card

\* 4.20 What discounts did you use?

Multiple answers are possible.

- Culture and leisure (cinema, theatre, concerts, museums etc.)
- Training and courses (language schools, private schools etc.)
- Health and beauty (hair/beauty salons, pharmacies, opticians, wellness/spa etc.)
- Sports (sport centres, events, gym, courses etc.)
- Food and drink (bars, cafés, restaurants etc.)
- Accommodation (hotels, hostels, camping etc.)
- Services (insurance, mobile, photo etc.)
- Shopping (books, music, clothing, computers etc.)
- Travel and Transport (buses, trains, planes, renting, travel agencies etc.)

\* 4.21 When did you use your European Youth Card?

Multiple answers are possible.

- before my activity
- during my activity
- after my activity

\* 4.22 How satisfied were you with your European Youth Card?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

4.23 If you wish, please give additional comments on the European Youth Card.

4.24 If you wish, please give additional comments about the quality of the overall practical arrangements in your Erasmus+ Volunteering activity (you can highlight both positive and negative aspects).



## 5 Foreign Language Skills and Linguistic Support

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\*5.1 What was the main language used during your Service?

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian

- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

\* 5.2 If other, please specify.

\* 5.3 Do you feel you have improved your skills in this language during your stay abroad?

- Yes
- No, I was already fluent
- No

\* 5.4 Did you take advantage of linguistic support in learning this main language?

- Yes
- No

\* 5.5 What kind of support did you receive?

Multiple answers are possible.

- Erasmus+ online language service
- Language course/training provided by the sending institution/organisation
- Language course/training provided by the receiving institution/organisation
- Language course/training provided both by the sending and receiving institutions/organisations
- Financial support to carry out a self-study (DVD, books)
- Other

\* 5.6 When did you receive the linguistic support?

- Before going abroad
- During my stay abroad
- Before going abroad and during my stay

\*5.7 For how long did you receive linguistic support in total?

- Less than 1 week
- Between 1 week and 3 weeks
- Between 3 weeks and 2 months
- Between 2 and 6 months
- More than 6 months

\*5.8 Approximately, for how many hours in total?

- Less than 10 hours
- Between 10 and 30 hours
- Between 30 and 50 hours
- More than 50 hours

\*5.9 Why didn't you take advantage of linguistic support?

- I did not ask for it
- I did not need it because my knowledge of the foreign language was adequate
- I did not have time
- The sending/receiving organisations did not provide it to me
- Other

\*5.10 While staying abroad, did you improve your competence in other languages besides the main one used?

- Yes
- No

Which were those languages?

\*5.11 Language 1

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish

- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

\* 5.12 If other, please specify.

\* 5.13 Language 2

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch

- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto

- Interlingua
- Other

\*5.14 If other, please specify.

5.15 If you wish, please give additional comments about the foreign language skills developed and the linguistic support received during your Service (you can highlight both positive and negative aspects).

## 6 Personal Development

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6.1 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* think logically and draw conclusions (analytical skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and carry out my learning independently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* express myself creatively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* use internet, social media and PCs , e. g. for my studies, work and personal activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* communicate and express myself in my mother tongue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* develop an idea and put it into practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* see the value of different cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* cooperate in teams	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6.2 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I am more confident and convinced of my abilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I know better my strengths and weaknesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to adapt to and act in new situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to think and analyse information critically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more tolerant towards other persons' values and behaviour	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more open-minded and curious about new challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I intend to participate more actively in social and political life of my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in knowing what happens in the world daily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to reach decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in European topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more European	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 6.3 Moreover...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I learned how to produce media or social media content on my own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to discuss political and social topics seriously	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I realise I now learn better or with more pleasure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I am more receptive to Europe's multiculturalism	<input type="radio"/>				
* I am more committed to work against discrimination, intolerance, xenophobia or racism	<input type="radio"/>				
* I am more aware of the fact that some people in our society are disadvantaged	<input type="radio"/>				
* I am more willing to express my opinions to the others and stand for them	<input type="radio"/>				
* I am more willing to take action to change the things that do not work in my surroundings	<input type="radio"/>				

\*6.4 To what extent were you able to integrate in the local community?

- Fully
- To a high extent
- Fairly
- To a low extent
- Not at all

6.5 If you wish, please give additional comments about your personal achievements (you can highlight both positive and negative aspects).

## 7 Future Prospects of Education, Training and Work

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7.1 Thanks to this mobility experience...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I have a clearer idea about my further educational path	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more confident to move around on my own in other countries (e.g. travel, study, work placement internship, job etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I am planning to engage in further education opportunities (formal, non-formal, vocational training)	<input type="radio"/>				
* I believe that my chances to get a new or better job have increased	<input type="radio"/>				
* I have a clearer idea about my professional career aspirations and goals	<input type="radio"/>				

7.2 If you wish, please give additional comments about your future prospects.

## 8 Certification and Formal Recognition

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\* 8.1 Have you received a certificate, diploma or document that describes and validates the competences acquired during your Service?

- Yes  
 No

\* 8.2 If not, please explain why.

\* 8.3 Which certificate/diploma/document?

Multiple answers are possible.

- Youthpass  
 Europass  
 Other

\* 8.4 If other, please specify.

8.5 Did you describe skills and competences acquired during your mobility activity on your Youthpass certificate?

- Yes
- No

8.6 Was the process of preparing and completing the Youthpass certificate integrated in the project (e.g. through reflections, meetings, monitoring of learning outcomes)?

- Yes
- No
- To some degree

8.7 As a result of the use of Youthpass in my project...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I became better aware of what I learned during the project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more aware of what I can learn from my participation in a youth project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I understand more clearly what kind of skills and competences I would like to improve or obtain in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I can better explain to others what I learned during my project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8.8 In the future I intend to use my Youthpass certificate...

	Yes	No	I don't know
* when applying for a job	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when applying for a traineeship or internship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when applying for an apprenticeship or vocational training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when applying for higher education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* when setting up a business	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8.9 If you wish, please give additional comments about this aspect (you can highlight both positive and negative aspects).

## 9 Conclusions, Personal Comments and Recommendations

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\* 9.1 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

9.2 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

## 10 Publication and Usage Rights of the Information and of the Email Address

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\* 10.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address.

- Yes
- No

\* 10.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

\* 10.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.

- Yes
- No